

Leadership Self-Assessment

What Kind of Leader Are You?

A quick, honest quiz to help you reflect on how you naturally lead at the bedside. No wrong answers — just insight.

1. When the unit gets tense, I usually...
 - A) Stay calm and focused
 - B) Speak up to address the issue
 - C) Check on coworkers and offer support
2. New staff on the floor usually...
 - A) Come to me with questions
 - B) Notice I speak up in huddles or rounds
 - C) Say I helped them feel welcome
3. I feel most like a leader when...
 - A) I keep things running smoothly
 - B) I advocate for what's right
 - C) I mentor or coach someone
4. Others would describe me as...
 - A) Steady and dependable
 - B) Direct and passionate
 - C) Encouraging and kind
5. My biggest leadership strength is...
 - A) Staying grounded
 - B) Speaking up
 - C) Lifting others up

Results:

Mostly A's – The Quiet Anchor

Calm, collected, and consistent — you lead with presence and steadiness.

Mostly B's – The Advocate

You're a voice for what's right, even when it's hard. You push for what's best.

Mostly C's – The Teacher

You lead through connection and compassion. You help others grow.